## www.teammvptraining.com

### **Sports & Divisions**

- Baseball
- Softball
- Strength & Conditioning

## BECOME N**VP ELITE**!



**MVP ELITE Discounts:** 

- 20% OFF All Services
- 20% OFF All Retail
- 1<sup>st</sup> Group Class Free

MVP Elite = \$149.99 Family Pack = \$249.99

\*Please see full rate sheet at www.teammvptraining.com



## **Travel Teams**

The MVP Blue Jackets & Lady Blue Jackets consists of highly competitive baseball and softball travel teams (Ages 9u-18u).

At MVP's Tryout, all athletes will be evaluated in the skill sets of hitting, fielding, pitching, speed, and arm strength. All tryouts and evaluations will be run by MVP Blue Jacket Coaches.

Register for an upcoming tryout at <a href="https://www.mvpbluejackets.com">www.mvpbluejackets.com</a>.

## **Birthday Parties**

Price: \$299.99

Looking for the best place to have your Birthday Party?

MVP was voted "Best Kids Birthday Place" by the Sunday Dispatch Reader's Choice Awards.

Dodgeball, Kickball, Soccer, Wiffleball *and much more*...

208 Fifth St. West Pittston, PA 18643 Phone: 570.609.5118 teammvptraining@gmail.com



# MUP

## SPORTS ACADEMY

## **Academy Brochure**

208 Fifth St.
West Pittston, PA 18643
Phone: 570.609.5118
teammyptraining@gmail.com

#### **MVP's Mission**

Team MVP delivers athletic-based training programs, expert coaching and the latest in sports training for all ages, all in a high-energy, motivating environment. Throughout the player's development, not only will we groom the athlete into an allstar on the field but most importantly an upstanding member of society off the field.

## **Hours of Operation:**

(December 1 – April 30) Mon. – Fri. 3pm-9pm Sat. & Sun. 10am-5pm

(May 1 – November 30)
Mon. – Fri. 3pm-8pm
Sat. 10am-5pm
Sun. Closed

Phone: 570.609.5118

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#### **Service Overview**

- Classes
- Camps & Clinics
- Private Lessons
- Facility Rentals
- Travel Teams
- Birthday Parties

MVP's elite staff consists of both current and former collegiate players, professional players, and coaches. MVP has taken a collaborative approach and developed a teaching model that has proven success. We at MVP are determined to provide an elite level of service necessary to be the leader in the sports training industry. We strive to meet every training demand of our customers and will exceed their expectations for personalized service.

## **Facilities**

As the largest and most innovative indoor sports training facility in the Wyoming Valley, MVP Sports Academy, located in Exeter, Pennsylvania, is the perfect place for athletes of all ages. With more than 10,000 square feet under one roof, MVP Sports Academy has the unique capacity to host practices, birthday parties, and much more.

Join MVP Today @ www.teammvptraining.com

#### **Classes**

MVP Classes offer energy packed interactive programs that provide small group instruction in efforts to maximize the player's results. All players will be taught the fundamental arts of hitting and pitching through these classes to improve the athlete's performance and prevent injury. MVP is dedicated to the athlete's success and these programs are designed to guarantee results. No commitment needed when doing classes at MVP. Attend the classes that best fit your schedule and what you want to learn.

Class Level	Standard	MVP ELITE
Beginner (Ages 4 & 5)	\$10	\$8
Novice (Ages 6 & 7)	\$10	\$8
Intermediate (Ages 8-12)	\$10	\$8

## **Camps & Clinics**

Register for your MVP Classes, Camps & Clinics at:

www.teammvptraining.com

#### **Private Lessons**

MVP's Private Lessons guarantees each player will be thoroughly taught and evaluated in the all the areas necessary to reach the player's full potential. Through each players evaluation we can identify the strengths and weaknesses of the player and create a specific training regimen most beneficial for each particular individual.

Lesson Type	Standard	MVP ELITE
1 on 1	\$60	\$46
5 Single Sessions Package Deal	\$275	\$220
10 Single Sessions Package Deal	\$500	\$400

**Book your Private Lessons at:** 

www.teammvptraining.com

## **Special Services & Events**

• Recruiting Videos = \$160

Visit us Online for details on Special Services & Events